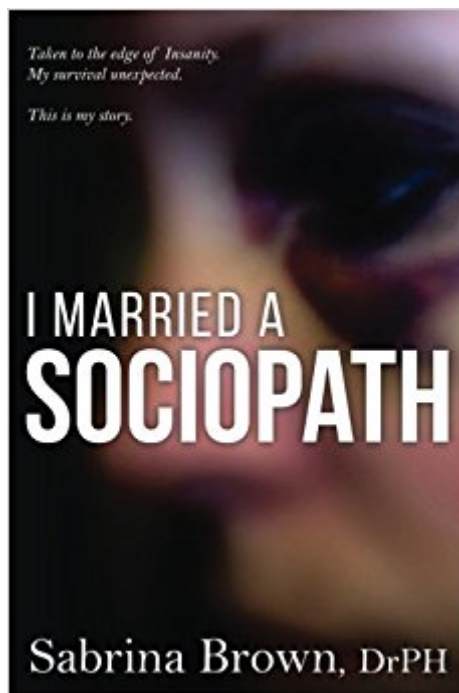




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I Married A Sociopath: Taken To The Edge Of Insanity, My Survival Unexpected (Sociopaths) (Volume 1)



Synopsis

As a child, Sabrina's abuse was never validated. As the rape and violence continued, escalating in nature, abusers who are not caught test their limits, she approached puberty with an unstable and insecure sense of self, and a distorted perception of her role in relationships. She had been conditioned to devalue her needs and give without question. At fifteen she meets the man of her dreams, but by nineteen pregnant and married, her hopes and dreams of love and romance are crushed. She is caught in a web of violence and psychological mind games, being constantly threatened that if she tells anyone or tries to leave she will lose her children, public respect, everything. When Sabrina finally breaks free, she finds herself in a courtroom being served a thirty-five-page motion and an Emergency Protective Order "protecting her abuser and children from her. Her worst fears are now her reality. After a lifetime of abuse will she be able to bear the burden of this pain, injustice and helplessness?

Book Information

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Customer Reviews

Sabrina Brown is an Associate Professor in Epidemiology at the University of Kentucky. She received her Master of Public Health and Doctor of Public Health there. Sabrina has three children; two daughters, age 26 and 23, and a son, 13, who lives solely with her and her husband Steven Brown, whom she married in 2013.

Based on a survivor's real life experiences, interspersed with scholarly references and information about trauma, domestic violence, Parent Alienation Syndrome, and mental health illness. This book is filled with raw honesty, exposing the author's most personal history. The ways in which she has coped are told in detail as she dealt with gas-lighting, manipulation, and unspeakable traumas. As a sexual assault and domestic violence advocate and counselor, I have seen similarly unique situations played out time and again with clients. These topics are difficult to discuss in safe surroundings with solid support systems. The author's choice to own her story and take back her life by exposing herself to the world is boldly courageous and no doubt terrifying. She shows strength and perseverance time and again in this gritty recounting of sexual, psychological and physical abuse. Definitely worth your time to read!

This book is interesting, scary and knowledgeable. Having a BA in Psychology it is very interesting. Being a survivor of domestic violence, it is scary. I never experienced anything close to what she endured. I can't imagine how she finished college with all this going on. I hope this book gives others knowledge and strength to get out!

I gave the book four stars, but would actually rate it three and one-half stars. Being married to a sociopath was (and still is after the divorce) harrowing for her; as it is for many others who marry sociopaths. The book ended dramatically, leading into the next book yet to be (this book is actually book one, of three). More editing, and tightening up the story, would be nice. But, overall, a well told story.

Sabrina's honesty about her past kept me reading. I know most of the people in the book and pray for God's justice and grace in forgiveness, which is only possible through our kind Heavenly Father.

I am moved, shaken and impacted after reading. Sabrina is an amazingly strong woman to endure all that she did. I couldn't put the book down. It shed light on a topic that is not talked about and so misunderstood. I'm so glad she was brave enough to share her story so others can become educated on this topic, feel supported and know how to help others in danger.

Sabrina Brown, I'm humbled by your strength. Great read. Honest portrayal, but "courage" must be your middle name. This book will give hope to others who need a glimmer of hope.

Sabrina Brown is a very strong woman to be able to get out of that abusive marriage. Having her write her story, she will help other women to be strong and move forward, if they are in any type of abusive relationship.

A true story that has to be painful to put into writing. Dr. Brown speaks out so that others can learn from her experiences and hopefully find help. Thank you for your courage and strong desire to help those still trapped.

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